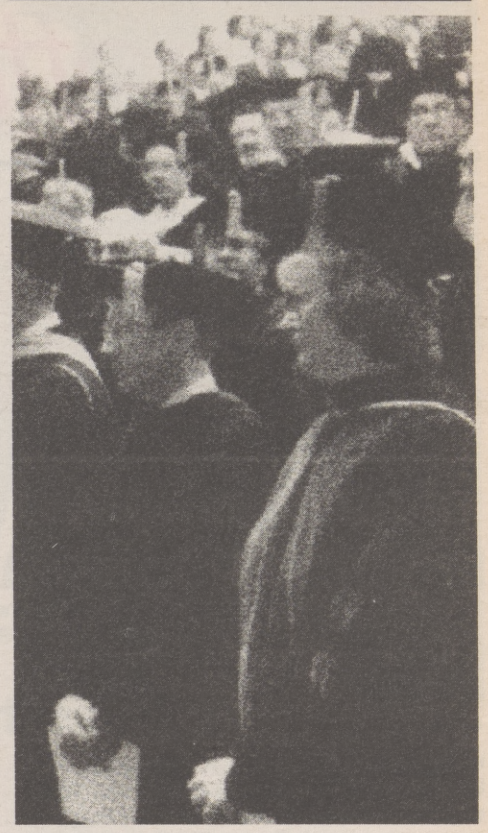
Volume 8, Number 18 October 23-November 5, 1993

UCSF Newsbreak



Martin to be inaugurated as sixth chancellor at ceremonies November 19

UCSF Chancellor Joseph B. Martin will be inaugurated on Friday, November 19, at ceremonies beginning at 2 p.m. in the Millberry gym. Faculty members, alumni and many staff employees already have received special invitations to this important occasion. If you have not received an invitation, and would like to attend, call 502-TKTS (8587). A reception for the campus will be held in the Millberry Conference Center following the program. An overflow broadcast of the inauguration will take place in Millberry's Plaza Grill.

The program will begin with a traditional procession featuring faculty, delegates from sister institutions, alumni board members, directors of the UCSF Foundation, officers of UC, former presidents, chancellors of the UC campuses, former chancellors, and other ceremony participants. Many will be wearing brightly colored academic regalia, a vibrant display of hooded gowns representing the various fields of study. All music will be performed by the Golden Gate Brass Quintet.

The program will proceed as listed below:

Welcome
Howard H. Leach, chair, UC Board of Regents

"My Country 'Tis of Thee"

Greetings on Behalf of the UC Board of Regents
Howard H. Leach

Greetings on Behalf of Students
LaJuan M. Hall, fourth-year, School of Dentistry

Greetings on Behalf of Alumni
Robert E. Rouda, president, UCSF Alumni Association

Greetings on Behalf of Staff
Kathleen A. Balestreri, Medical Center Administration

Greetings on Behalf of the UCSF Foundation
David M. Chamberlain, chair

Greetings on Behalf of UCSF Faculty
Dorothy F. Bainton, chair, SF Division, UC Academic Senate

Greetings on Behalf of the Chancellors of UC Campuses
Chang-Lin Tien, chancellor, UC Berkeley

Greetings on Behalf of Sister Institutions & Learned Societies
Gerhard Casper, president, Stanford

Inaugural Address
"Academic Excellence in a Shrinking Economy"
Patricia Donahoe, Marshall K. Bartlett Professor of Surgery, Harvard

Musical Interlude
"Prayer" from *Hansel und Gretel* by Engelbert Humperdinck

Ceremony of Investiture
Jack W. Peltason, president, UC

Inaugural Remarks
Joseph B. Martin, chancellor, UCSF

Recessional
"Allegro Maestoso" from *Water Music* by George Frideric Handel
"Scherzo" by John Cheetham
"die Bankelsangerlieder" (Anonymous)

Paychecks to be slightly larger

Most UC employees will see a slight increase (about 2.4 percent) in their pay beginning with their December 1 paycheck.

You no doubt will recall that in July the Regents voted to have a 3.5 percent pay cut for faculty and staff to be administered in two steps — a 5 percent pay cut from July 1 through October 31, followed by a 2.6 percent pay cut from November 1 through June 30, 1994. We're now into that second phase, so most UC employees will see a slight increase with their December 1 paycheck.

The cut will be lifted and salaries restored to normal levels on July 1, 1994 (to be reflected in your August 1, 1994 pay check).

Merits coming in January

As was announced previously, the Regents approved half-year merit increases in the

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Open enrollment — Important health care changes

Don't be caught by surprise. This year's open enrollment period will include many changes in employee health care plans, including several rate changes. Open enrollment will run from November 1-30. At that time, you may change not only your health plan, but your dental, optical and legal insurance plans as well.

A few examples of the changes in medical plans include — all of the HMOs will have copayments for some services, such as doctor visits and emergency room services; the UC contribution toward medical plan premiums is reduced, therefore some HMOs will require an employee contribution; plus there will be an increase in the present employee contribution to the Prudential High Option monthly premium.

Be sure to read the information packet which should have been received by all employees by now. Then, plan to attend one of the meetings listed below in order to learn how your present coverage will be different in 1994 and to compare it to all of the choices available to you and your family.

Open Enrollment meetings

- Tues., Oct. 26, noon-1:30 p.m., Toland Hall
- Wed., Oct. 27, 2-3:30 p.m., Oyster Point
- Wed., Nov. 3, noon-1:30 p.m. Toland Hall
- Thurs., Nov. 4, noon-1:30 p.m. Carr Audito

(continued on page 6)

UCSF awarded NIH Gene Therapy Core Center

UCSF is one of the select few universities chosen to spearhead a major National Institutes of Health effort to cure genetic diseases through the establishment of a new Gene Therapy Core Center that will develop new treatments and transfer them from laboratory bench to hospital bedside.

The center's mission is to make and apply new discoveries to treat cystic fibrosis, sickle cell anemia and other inherited genetic disorders by correcting genetic defects through gene therapy.

The UCSF Gene Therapy Core Center is one of just three to be established with support from the National Institute of Diabetes and Digestive & Kidney Diseases, and it is the only such center in California. NIH funding for the Center will be up to $2.25 million dollars over five years. The Cystic Fibrosis Foundation is contributing additional support for at least three new cystic fibrosis research projects through the Center.

UCSF researchers who investigate gene therapy techniques and who conduct research on the genetic causes of diseases have banded together to coordinate their efforts and to launch new projects. Such efforts are intended to lead to successful treatments for cystic fibrosis and to permanently correct the defect that causes the disease. New treatment approaches developed at the center will be evaluated through experimental clinical

(continued on page 2)

Just a few hours can mean so much

It's Friday afternoon, and it's been a brutal day for Jess Ortiz, buyer supervisor for Materiel Management. Most people would probably be looking forward to kicking back somewhere and trying to relax. But not Jess. Instead, he will get in his car and drive to 17th and Bryant, where he will meet another UCSF employee — Jim Calvert of the Department of Medicine.

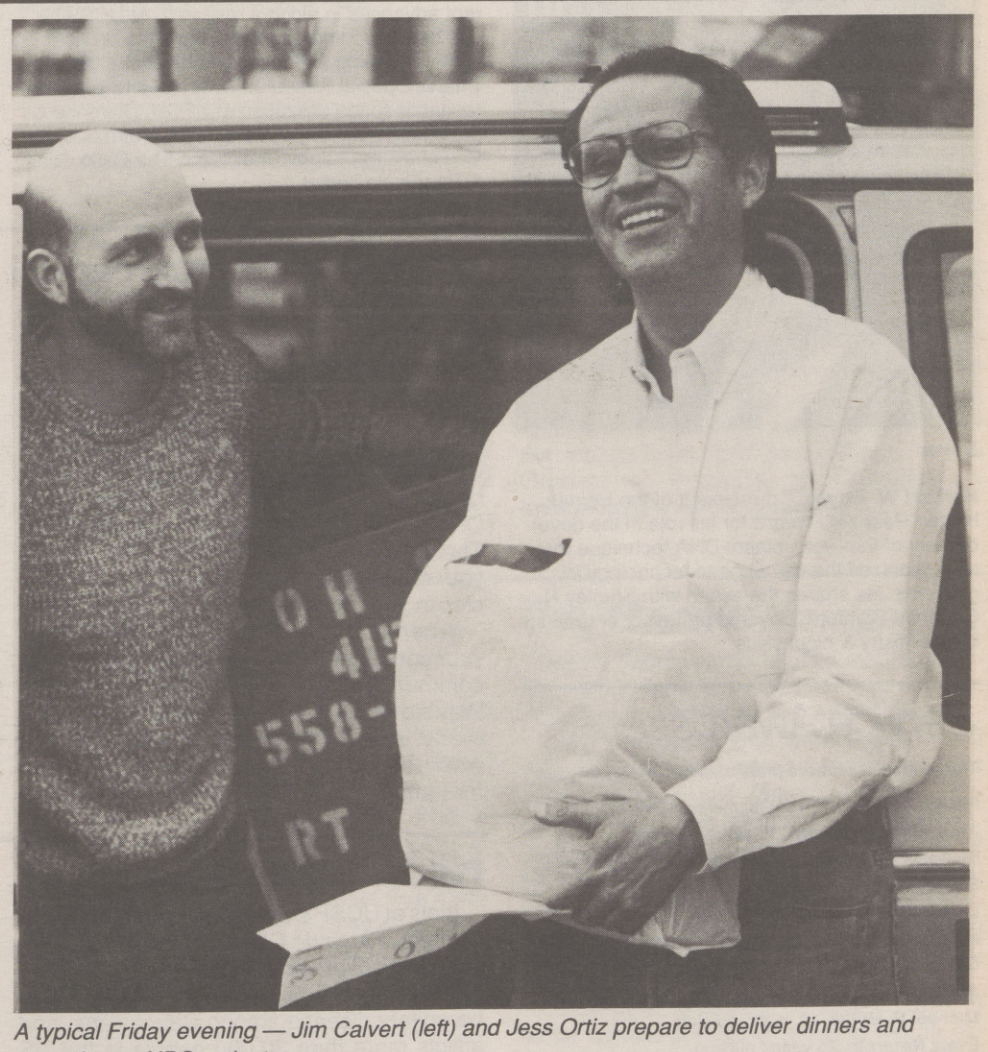
They both will load Jim's truck with 28 dinners, several bags of groceries, some nutritional supplements, and maybe a birthday cake, and deliver them to home-bound people with AIDS.

Jess and Jim both volunteer as part of a UCSF team at Project Open Hand. The team was originally formed by Cindy Lima of the Medical Center. Jess has been helping out for the past one and one-half years; Jim for nearly four. "I started out delivering dinners on Friday nights," says Jess, "but now I also do it on Wednesday nights. It's only 90 minutes out of my evening," says Jess. "And it feels good to do it. I'm not only helping to benefit an AIDS program, but I think it shows that people from UCSF care."

"Weekend of Caring"

People from UCSF do care. That is demonstrated in numerous ways, including our participation in the United Way Campaign. For the second year in a row, UCSF is organizing a "Weekend of Caring" — two full days of volunteer opportunities — to be held Saturday and Sunday, November 6 and 7.

"We are very pleased with the response," says Katherine Riordan of Public Affairs, who is helping to organize the effort. "We have over 100 volunteers so far — moms, dads, children, friends and colleagues at work." Katherine says that UCSF is hoping departments will form teams this year. "We hope to attract many more volunteers from a variety of departments and divisions across campus," she says. "You can't imagine the need out there. Just to read a book to a homeless child, serve a hot meal, help out on a hotline, all of these activities are incredibly important."



A typical Friday evening — Jim Calvert (left) and Jess Ortiz prepare to deliver dinners and groceries to AIDS patients.

If you want to volunteer, do so right away by calling Katherine at 476-0729.

What else you can do

Whether or not you take part in the "Weekend of Caring," your financial contribution to the campaign is desperately needed. When you receive your campaign envelope in the campus mail, please take a few minutes to look

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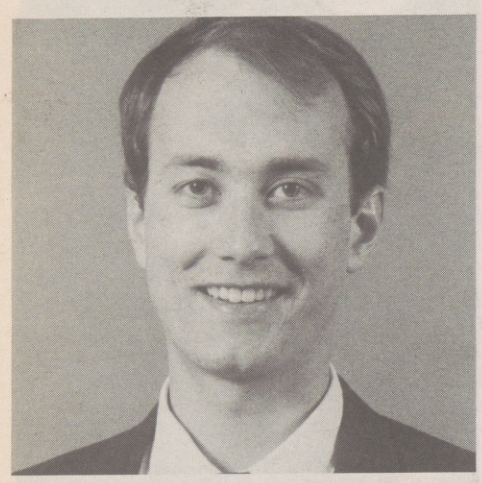
Gazette

Honors & Awards

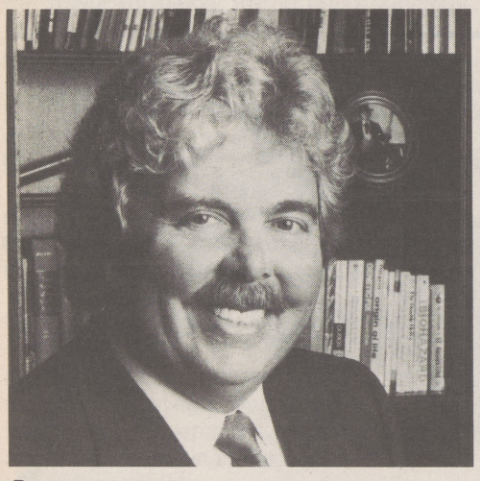


Lawrence

T. James Lawrence: Chosen to participate in the Howard Hughes Medical Institute-National Institutes of Health Research Scholars Program. He is performing research on the immune function of Langerhans cells, which are antigen presenting cells in the skin. Lawrence will be a third-year medical student upon his return to campus next summer. He will be making a presentation for medical students interested in the HHMI-NIH Scholars Program on Tues., Nov. 2 in C 209, 1-2 p.m.

Holtzman

David M. Holtzman: Named a Down Syndrome Scholar by the National Down Syndrome Society. He will work on a mouse model of Down syndrome in trying to better understand the molecular genetic basis for Alzheimer's disease, which occurs in all adults with Down Syndrome. Holtzman is assistant professor, neurology.



Boyer

Herbert W. Boyer: Co-recipient of the Helmut Horten Research Award for his role in the development of the recombinant DNA technique that revolutionized the use of gene technology in medicine. He shares the award with Stanley N. Cohen of Stanford. Boyer is professor emeritus, biochemistry & biophysics.

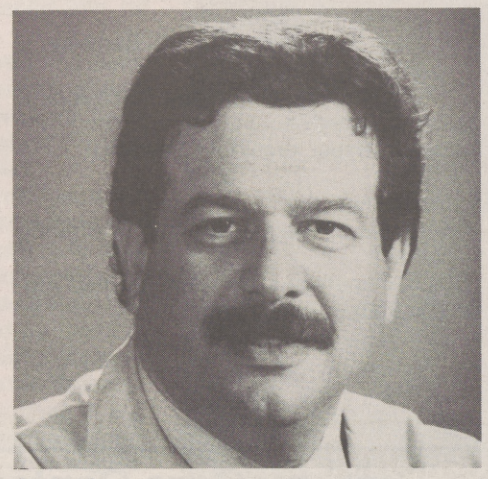
Service Awards

The awards listed were presented within the last year.

Patricia A. Booth, 10 years, nutrition & dietetics.
Anne Marie R. Dineen, 10 years, nursing.
Nicholas A. Giunta, 10 years, occupational therapy.
Shirley A. Greene, 15 years, nursing.
Lynda C. Gribben, 15 years, nursing.
Monica Garrett Keyes, 15 years, clinical labs.
Gloria M. Landholt, 15 years, nursing.
Angela J. Leoni, 15 years, nursing.
Michael R. Mullis, 10 years, nursing.
Evely Nazareth, 25 years, nursing.
Barbara A. Ransom, 25 years, nursing.
Charlotte A. Ruffini, 10 years, nursing.
Karen Scobie, 10 years, nursing.
Dannette T. Scott, 10 years, nursing.
Jacqueline Stockdale, 10 years, nursing.
Teofilo R. Ugerio, 20 years, nursing.
Nancy Yamagiwa, 10 years, nursing.

Cooke

Molly Cooke: Elected chair-elect of Project Open Hand's board of directors. She also was appointed to the Medicine Test Development Committee for the US Medical Licensing Examination, which has replaced the National Board of Medical Examiners. Cooke is associate professor, clinical medicine.



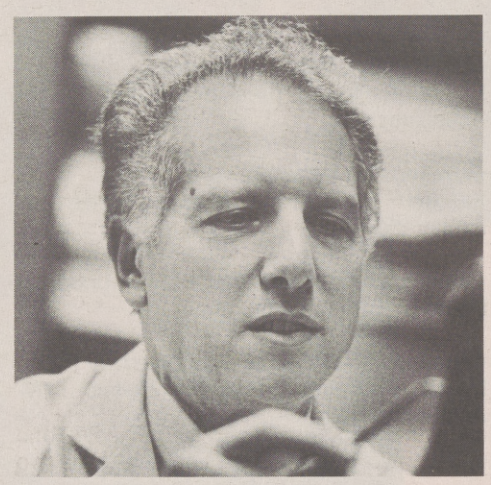
Domush

Robert Domush: Received the 1993 Department of Obstetrics, Gynecology & Reproductive Sciences Outstanding Clinical Faculty Award for resident teaching. Domush is chief, ob/gyn, UCSF/Mount Zion.

Ivan F. Diamond: Appointed to the National Advisory Council on Alcohol Abuse & Alcoholism, NIH; member, board of trustees, Alcoholic Beverage Medical Research Foundation (ABMRF); chair, Medical Advisory Council of ABMRF. He also has been invited by the American Society of Cell Biology to address the US Senate/House Biomedical Caucus in Washington, DC, on current advances in alcohol research. At UCSF he has been appointed to the Committee on Academic Planning & Budget and he chairs the Dean's Special Research committee to evaluate research space utilization at SFGH. Diamond is professor, neurology, pediatrics & pharmacology; vice chair, neurology; & director, The Gallo Clinic & Research Center.

Bainton

Dorothy F. Bainton: Honored by the Older Women's League of San Francisco for her contributions to health care. Bainton is professor & chair, pathology.



Lowenstein

Jerold M. Lowenstein: Received the Fellows' Medal of the California Academy of Sciences for his work in molecular evolution and in communicating information about science to the public. He was among the first to extend the methods of molecular evolution to studying fossil molecules. Lowenstein is clinical professor, medicine.

Contracts & Grants

Information on contracts and grants is made available to this paper through individual departments, researchers or the funding agency.

Steven Massa: Received a five-year grant of $350,000 from the National Institute for Neurological Disorders & Stroke, NIH for "Stress Genes in Brain Ischemia." Massa is assistant clinical professor, neurology.

United Way *(from page 1)*

over the donor choice form and the campaign brochure, so you will be aware of the many ways in which you can direct your contribution. You can give to one of 11 areas of need, to an independent federation of charities, another United Way, one of the United Way's Community Fund agencies, or any non-profit health or human care service organization. Or, you can simply direct your contribution to The United Way's Community Fund, where your contribution will help hundreds of agencies in your community.

When you give through the United Way, your contribution supports several additional community services as well. One is the United Way's own Information and Referral Helpline — by dialing 772-HELP you can find out where to find services for children, programs for immigrants, for seniors, for people with disabilities and resources for the gay and lesbian community. You also can call the Helpline to find out about volunteer opportunities in our community, how to adopt a family during the holidays, or how to donate clothing or food. And during the campaign the Helpline can answer your donor questions. If you have any questions about UCSF's general campaign, call Ruth Weiller in the Chancellor's Office at 476-2401.

Jess Ortiz has a special plea: He is trying to get more UCSF volunteers for Project Open Hand. "We need to get a bigger campaign going at UCSF," he says. "We have gone from 20 volunteers down to 10." Both drivers and drivers' assistants are needed. Interested? Call Jess at 502-3014.

NIH Center *(from page 1)*

trials at UCSF's General Clinical Research Centers, Pediatric Clinical Research Center and Cystic Fibrosis Clinic.

Cystic fibrosis is the most common lethal hereditary disease among Caucasians, and afflicts more than 30,000 people in the US alone. A child who inherits a defective copy of the cystic fibrosis gene from each parent produces only a defective version of the protein encoded by the gene. Individuals with cystic fibrosis suffer from digestive and pancreatic dysfunction, but they usually die from bacterial infections of the respiratory tract, on average in their late twenties.

The Center will be directed by Y.W. Kan, chief of the Division of Molecular Medicine & Diagnostics in the Department of Laboratory Medicine. Kan, who also is the Louis K. Diamond Professor of Hematology, is a world-renowned scientist, the first to identify a missing gene as the cause of a specific gene mutation, alpha thalassemia, a disorder resulting from a defect in the blood's oxygen-carrying hemoglobin molecule. He subsequently developed the first diagnostic tests for thalassemias, and for sickle cell anemia, another hemoglobin disease. Associate director of the center will be Dieter Gruenert.

Appointments

Young

Stephen G. Young: Appointed director, cardiology research, SFGH. His primary goals in the position will be to expand cardiology research at SFGH and the basic research training program for postdoctoral fellows. After receiving his medical degree from Washington University in St. Louis in 1978, Young performed an internal medicine residency at UCSF followed by a cardiology fellowship at UCSD. Since 1981, he has been researching the biochemistry and molecular biology of apolipoprotein B, the principal cholesterol-carrying protein in human plasma. Young will maintain his appointment as associate professor, medicine.

In Memoriam

Verneice D. Thompson: Associate clinical professor, psychiatry. The recipient of an Excellence in Teaching Award from the psychiatry residents in 1990, she was nationally recognized for her teaching abilities and for her work as a consultant to many business organizations. She was 67. Memorial donations may be made to the Global Fund for Women, the Audobon Society, Amnesty International or the Institute for Clinical Social Work Verneice Thompson Scholarship Fund. A memorial service will be held on Sunday, November 14, at 3:30 p.m. at the First Unitarian Church, 1 Lawson Rd., Kensington.

Ruth Davis: One of the first female physicians inducted in to the Gold-Headed Cane Society, she received her medical degree from UCSF in 1947. After performing an internship at the Mayo Foundation in Minnesota, she joined the staff at Merritt Hospital in Oakland as a pathologist and surgeon and remained there until her retirement more than a decade ago. An active Quaker and a member of the Berkeley Meeting of the Religious Society of Friends, Davis served on the committee that created the Friends House residence facility for the elderly near Santa Rosa. She was 83. Memorial donations may be made to the American Friends Service Committee, 1611 Telegraph Ave., Suite 1501, Oakland, CA, 94612-2141.

Publications

Michael J. Aminoff: Author, *Brown-Séquard: A Visionary of Science* (Raven Press, NY, 1993). Aminoff is professor, neurology; director, clinical neurophysiology.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover November 6-26 (three weeks), will be on **Tuesday, October 26, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Dawn Finch (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

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Campus seeks bid for new labs

In an attempt to ease a critical space shortage and prevent the further loss of important research programs, UCSF is asking property owners and developers to provide information about possible sites for a 100,000-square-foot research building in or near the city.

UCSF hopes to occupy the building as soon as possible, preferably within two years of signing a lease or purchase agreement.

According to the official Request for Information (RFI) issued by UCSF's Campus Planning office, evaluation criteria for the site include cost, expansion potential, speed of delivery, proximity to the main campus at Parnassus and experience of the developer.

All of the space in the proposed laboratory building would be used for biological research. The request specifies that 20 percent of the research area should be available for use as an animal care facility.

Any agreement with a developer must conform to appropriate public and environmental reviews and must receive approval from the Board of Regents.

The request for proposals conforms with UCSF's 1982 Long Range Development Plan, which continues to guide campus planning during the ongoing preparation of a new LRDP scheduled for completion in 1994.

If you're presently sitting in a closet and calling it your lab, you don't need to be reminded that UCSF is facing a severe space shortage. This has been created by the growth of many remarkably successful patient care and research programs coupled with the inability to move programs intended for Laurel Heights. A resolution adopted by the Board of Regents in 1976 limits the size of UCSF's Parnassus Heights campus to 3.55 million square feet, a restriction that has spurred UCSF to decentralize to more than a dozen locations throughout San Francisco.

UCSF's plan to move academic and research programs into the 469,000-square-foot Laurel Heights building has been blocked for nearly seven years by legal challenges from a homeowners' association. (Oral arguments will be presented to the California Supreme Court on November 1 on the need to recirculate the Laurel Heights EIR for additional public comment.

The campus LRDP is intended to provide a blueprint for major expansion over the next 15 years, but in the interim UCSF must find space to satisfy more immediate needs. Chancellor Joseph Martin decided to issue the request for proposals as the fastest, least expensive way to provide additional space.

On October 10, Haile Debas (left) hosted a reception on campus for His Excellency Issaiais Afwerki (center), who is the first president of Eritrea. Afwerki was in this country to meet with Clinton Administration officials to help find a political solution to end the war in Somalia. To Afwerki's left is Chancellor Joseph Martin and a representative from the Mayor's Office.

Hope for the Horn — Can we learn from the Eritreans?

A stone's throw from war-torn Somalia in the Horn of Africa lies a small country called Eritrea. It has been the scene of the longest war in Africa. But now, after nearly four decades, the nation has gained its independence from Ethiopia and is at peace. Its people have been struggling to rebuild a country devastated by over 30 years of a brutal civil war and over a decade of chronic drought.

Our new School of Medicine dean, Haile Debas, is a native-born Eritrean, and has a strong allegiance to his home country. "The world has simply forgotten Eritrea," says Debas, "allowing it to fend for itself during these many years of war. While we rejoice at the peace and freedom for this country, it still is confronted with the reality of physical and economic destruction."

Debas explains that three revolutions took place simultaneously in Eritrea. The first and most obvious was the political one. "The two other revolutions, though much less obvious to the outside world," says Debas, "were of great significance and unimaginable accomplishment." One was the social revolution, which liberated Eritrean women, giving them equality in the trenches and in civilian life.

The second was a health care revolution. During the war with Ethiopia, the Eritreans created an infrastructure based on regional hospitals and stationary and mobile clinics. The largest regional hospital is Orota Hospital, built underground to protect it from the air raids. The regional hospitals trained nurses, midwives, barefoot doctors, medics and technicians. "Most of the doctors had not finished high school," says Debas. These mobile teams would visit every village each month or two giving care to the sick, providing education in pre- and post-natal care, and in disease prevention and public health. The sickest patients would be taken to the regional hospitals.

"All the people in the entire liberated area received health care which they never had during any period of successive colonial rule prior to that time," says Debas.

"Hunger and malnutrition are critical problems and the root causes of disease in Eritrean health care. The country needs to provide medical education for its doctors and to build a medical school to train new ones. All of this will require significant funding," says Debas. "But, the system provides a model for other third world countries as well as for many of the inner cities in this country."

Debas has been involved in fundraising efforts for Eritrean relief for nearly 20 years. He now is collaborating with Father Alfred Boeddeker, founder of St. Anthony's Dining Room and Francis J. Curry, former SF Health Department director, on a long-range "self-help" feeding campaign designed to end hunger not only in Eritrea but other war-ravaged countries in the Horn of Africa as well.

Volunteers needed for national prostate cancer prevention study

Bay Area researchers are seeking men 55 or older for the nation's first prostate cancer prevention trial. Sponsored by the National Cancer Institute, the nationwide Prostate Cancer Prevention Trial is designed to determine whether the drug finasteride can prevent prostate cancer — the second leading cause of cancer deaths in American men. For unknown reasons the incidence of prostate cancer is increasing, and some 165,000 Americans will be diagnosed with the disease this year.

The trial will involve 18,000 men at 222 centers across the US, with half receiving finasteride and half receiving a placebo. Volunteers will have a yearly blood test and rectal exam for prostate cancer, and all study related care and testing are free.

Known by the brand name Proscar, finasteride is already being used to treat benign prostate enlargement. The drug acts by blocking action of a hormone necessary for prostate gland growth and has few or no side effects in most men, says UCSF urologist Perinchery Narayan, chief of urology at the VA Medical Center. "It follows that this might be a good agent to prevent the growth of cancer in the gland."

Narayan will direct trials at UCSF, the VAMC and UCSF/Mount Zion. The East Bay study site is the Bay Area Tumor Institute in Oakland, under the direction of Theodore R. Purcell.

For more information, potential volunteers at UCSF, Mount Zion or the VAMC should call 415-750-6964 or 1-800-303-0043. The Bay Area Tumor Institute in Oakland can be reached at 510-287-5947.

Fink is Gladstone Lecturer Nov. 22

Gerald R. Fink, director of the Whitehead Institute for Biomedical Research, has been appointed the Gladstone Distinguished Lecturer in Cell Biology. Fink will discuss "Dimorphism in Yeast: A Model for Fungal Pathogenesis" on Monday, November 22, at 4 p.m. in Carr Auditorium at SFGH.

Using traditional genetics and modern molecular biology, Fink has contributed significantly to the understanding of cell growth and metabolism at the molecular level. His recent research has revealed the ability of ordinary, harmless yeast to transform into more dangerous varieties. By focusing on the genetic reason for the yeast's ability to transform, he hopes to develop drugs to treat yeast-like fungal diseases such as candidiasis, a serious complication in patients with AIDS, those undergoing chemotherapy and others with impaired immune systems.

Fink says that few effective drugs are available to treat yeast-like fungal infections, in part because scientists have had little understanding of the life cycle and genetics of the agents causing the diseases.

Fink's lecture is the first in a series of major discussions sponsored by the J. David Gladstone Institutes. A reception will follow the lecture from 5:30 to 6:30 p.m. in the Gladstone Institute of Virology & Immunology's fifth floor library.

Big turnout for SEP kick-off

More than 100 elementary, middle and high school teachers, plus principals and school officials attended Science & Health Education Partnership's seventh annual kick-off on October 12. SEP is a partnership with the SF Unified School District, in which members of the UCSF community work with SFUSD teachers and students in order to create a more exciting and inspiring science program. Above, Janice Low, director of "City Science," one of the many SEP programs, explains to a teacher how to use balls and ramps to better demonstrate the laws of physics. "City Science" has become a national model for reforming elementary science education.

The cranes are coming ...

The electrical systems of both the HSE and HSW buildings are out-of-date and need to be upgraded. To that end, three new substations will be installed on the roof of HSE beginning the weekend of October 29.

The substations, according to project manager Al Iannicchери, will be housed on a newly constructed 90-foot bridge platform on the roof of HSE. The platform will be lifted in sections by using a 50-ton crane which will sit on the top of HSE. In order to lift the crane, another larger crane, in fact a 250-ton monster, will be brought in.

The cranes will be assembled, and the smaller one hoisted to the HSE roof, beginning Friday, October 29, at 1 p.m. and lasting through the weekend. During that time, there will be no parking behind Long Hospital, and the Laundry Storehouse/Power Plant area will be closed to all traffic. Deliveries to this area should be rescheduled or made to alternate sites.

Between November 2-14, the prefabricated bridge and platform sections will be installed. Upgrading of the electrical system will be finished by December 31.

For further information call Al at 476-2125.

"Partners in Eye Research"

Don't miss "Vision," an eyeful of exhibits about the eye, at the Exploratorium from October 26 to November 5. A UCSF "Partners in Eye Research" video and display will be one of many offerings ranging from a collection of celebrity eyeglasses to looks at the latest advances in the fight against blindness. Sponsored by the National Eye Institute, the exhibit will travel to other cities after its opening in San Francisco.

The Exploratorium is at the Palace of Fine Arts and is open Tuesday through Sunday from 10 a.m. to 5 p.m., Wednesdays until 9:30 p.m. Admission is free the first Wednesday of each month.

Paychecks *(from page 1)*

1993-94 fiscal year to eligible staff employees. All increases are delayed for six months, according to the Office of the President.

Staff employees who were eligible for a July 1, 1993 merit increase will have their merits delayed until January 1, 1994. Employees who were eligible for a January 1, 1994 merit increase will have their merits delayed until July 1, 1994. There is no provision for a retroactive merit increase. Employees who are reclassified or promoted during the six-month delay will not lose their eligibility for merit.

Employees appointed by April 1, 1993 to either an A&PS or MAP position will be eligible for a merit increase on January 1, 1994.

The control points for merits for staff is 4.9 percent, for A&PS and MAP 2 percent. For further information contact your personnel assistant, or call Alice Plebuch at 476-9931.

Today/Tomorrow

23 Saturday

WE ARE THE HOPE

"Tayo ang pag-asa" or "we are the hope" is the theme of the Third Annual Conference of Pilipino-American Health Professional Students of California sponsored by Health Educ. & Mobilization for Pilipinos. HSW 302. 9 a.m. (See story on page 6.)

INSTITUTE OF HEALING ARTS & SCIENCES WORKSHOP: *Discovery Parenting.* CE credit available. $49. 9 a.m.-4:30 p.m. Call 330-5353 for further information.*

ALZHEIMER'S EDUCATION

Alzheimer's Disease: Today's Knowledge, Tomorrow's Promise. Panel discussion featuring experts from the Alzheimer's Day Center, Mount Zion Inst. on Aging. Alzheimer's Day Center, 3600 Geary Blvd. 9:30 a.m.-noon. Call 750-4175 for reservations.*

24 Sunday

RIDE FOR KIDS

Motorcyclists are invited to ride through the wine country to help raise funds for research on childhood brain tumors. Open to anyone with a valid motorcycle license who raises $35 or more in donations. Solano County Fairgrounds. Registration: 7 a.m. Ride begins: 9 a.m. Call 1-800-673-7220 or 707-643-2548.*

RACE FOR THE CURE

Run or walk to benefit the Susan G. Komen Breast Cancer Foundation. Many prizes available. Sharon Meadow, Golden Gate Park. 8:30 a.m. Call 1-800-698-8699.*

FREE MILLBERRY CLASS: *Capoeria.* Dance movements accompanied by live drums. Another class will be offered on Sun., Nov. 14. Millberry Fitness Desk. Noon-1:30 p.m. Call 476-1115.*

25 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Mon.-Tues., Nov. 8-9: UCSF/Laurel Heights, 3333 California St.
- Thurs., Nov. 11: UCSF/Daly City, 333 Gellert Blvd.
- Fri., Dec. 3: UCSF/Parnassus at Medical Center Way.

A mammogram also is available at the Mount Zion radiology department for $60. Call 885-7465.

OTOLARYNGOLOGY GRAND ROUNDS: *Decision-Making for Tonsillectomy, Adenoidectomy & Tubes.* Philip Bartlett, Cal.-Pac. Med. Cntr. *Diseases of the Petrous Apex & Clivus.* Nikolas Blevins, Oto. S 214. 8-10 a.m.

PAIN SEMINAR

Perspectives on Pain. The Pain Management Task Force offers a comprehensive approach to assessing and managing pain in both adult and pediatric patients. Laurel Heights Conf. Cntr. 8 a.m.-4:30 p.m. Sign up in L 171.

MEDICAL ANTHROPOLOGY SEMINAR SERIES: *Women's Health Issues in the Pacific.* Nancy J. Pollock, Victoria U of Wellington, New Zealand. Rm. 226, Laguna Honda Schl. Noon-1:30 p.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

PROFESSIONAL RESEARCH ORGANIZATION FOR STAFF LUNCHTIME SEMINAR: In Situ *PCR.* Toland Hall. Noon-1:30 p.m. Call Elisabeth Zurlinden at 476-5111.

OPEN ENROLLMENT MEETINGS

Find out how the major changes in health plans will affect you & learn how to prepare for those changes at the following informational meetings presented by the Benefits Office. Call 476-1843.

- Tues., Oct. 26, Wed., Nov. 3 & Thurs., Nov. 11: Toland Hall. Noon-1:30 p.m.
- Wed., Oct. 27: Oyster Point. 2-3:30 p.m.
- Thurs., Nov. 4: Carr Aud., SFGH. Noon-1:30 p.m.
- Fri., Nov. 5: Bldg. 100, Rm. 1A-122, VAMC. Noon-1 p.m.
- Tues., Nov. 9: Rm. 125, MCB. Noon-1:30 p.m.
- Wed., Nov. 10: Hellman Conf. Rm., Mount Zion. Noon-1:30 p.m.
- Tues., Nov. 16: Exec. Board Rm., Mount Zion. 8-9 a.m.

Two open houses are scheduled so far to enable campus members to ask questions of representatives from medical, dental, legal & automobile/homeowners/renters insurance carriers.

- Wed., Nov. 17: Rm. 125, MCB. 10 a.m.-3 p.m.
- Thurs., Nov. 18: Fac/Alum. House. 8:30 a.m.-3 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *New Approaches Toward Defining the Architecture of the Red Cell Membrane.* Stephen B. Shohet, Lab. Med. L 535. 4-5 p.m.

URO-ONCOLOGY CONFERENCE: *Retroperitoneal Lymph Node Dissection.* Perinchery Narayan, Uro. M 464. 5-6 p.m.

26 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *D & C Conference.* Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Residents' Forum.* C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10:30 a.m. Call 476-1073 to schedule.

SFGH PEDIATRIC GRAND ROUNDS: *Prevention of Youth Violence.* Andrew McGuire, Violence Prev., SFGH. Carr Aud., SFGH. 8:30-9:30 a.m.

VIOLENCE PREVENTION

Violence in the Workplace Prevention Program for Managers & Supervisors. Sponsored by Employee Support Prog. Cole Hall. 9:30-11:30 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

WOMEN'S RESOURCE CENTER PRESENTATION: *Politics & Gender Bias in Health Care: How Different Things Would Be If Elizabeth Blackwell & Lillian Wals Were in Charge.* Catherine Dodd, CA Nurses Assn., focuses on women as healers, researchers & policy makers. C 701. Noon-1 p.m. Call 476-5222.*

LIFE SPAN & AGING ISSUES IN CLINICAL PRACTICE SERIES: *Patient-Practitioner Communication & Decision-Making.* Panel discussion. S 664. 12:10-1 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *GTPases: Molecular Switches Regulating Vesicular Traffic Through the Early Secretory Pathway.* William E. Balch, Cell & Mol. Bio., Scripps Inst. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS. S 664. 5-6 p.m.

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

MOUNT ZION COMMUNITY MEETING

Another in the series of community meetings to discuss any issues of concern, including construction plans, related to the UCSF/Mount Zion campus. Herbst Hall, MZ. 7 p.m. Call 476-3206.*

27 Wednesday

SPINE CONFERENCE ROUNDS: C 417. 7-8:30 a.m.

SURGERY GRAND ROUNDS. M & M Conference. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY STAFF CONFERENCE: *Ichthyosis: From Placenta to Skin.* Larry Shapiro, Ped. HSW 301. 8-9 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Physiology, Evaluation of Diarrhea.* Anne Wang, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Parathyroid Hormone-Related Protein: From Humoral Hypercalcemia of Malignancy to Normal Physiology.* Andrew Stewart, Med., Yale. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Malnutrition in AIDS.* Douglas Simon, Albert Einstein Coll. Med. S 214. 9-10 a.m.

MEET THE DOCTORS

The Auxiliary at UCSF/Mount Zion invites you to discuss women's health issues and to meet physicians Issa Eshima, Plast. & Reconst. Surg., Laura Esserman, Breast Care Center, and Marilyn Milkman, Ob/Gyn, BaySprings Med. Group. Herbst Hall, MZ. 9:45 a.m. Call 885-7354 for reservations. (See story on page 7.)*

BROWN BAG LECTURE SERIES: *In Pursuit of Normal Face.* Leonard B. Kaban, Oral & Max. Surg., explains changes in facial appearance through surgical techniques. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PROTECT YOURSELF AT WORK

Workplace Violence: What Have We Learned from the 101 California Tragedy? Sue Ormiston, LPPI & Chris Hatcher, Psychr., discuss what to do to protect yourself at work from violent co-workers, patients or ex-lovers. Sponsored by Rape Prev. Educ. Prog. Toland Hall. Noon-1 p.m. Call 476-5222.*

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *2 Zwitterionic Surfactants on Human Skin in vitro & in vivo.* Jurij Hostynek, European Tech. Resources, Inc. U 70. 1-2 p.m.

PSYCHIATRY GRAND ROUNDS: *Mental Disorders in Primary Care.* Jeanne Miranda, Psychr. & SFGH Outpatient Serv. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

PROGRAM IN CONSCIOUS & UNCONSCIOUS MENTAL PROCESSES CLINICAL RESEARCH SEMINAR. LPPI Aud. 2-3 p.m.

MEDICAL ANTHROPOLOGY SEMINAR: *Ethnopharmacology: A Nexus in Cross-Disciplinary Research.* Alondra Oubré, Shaman Pharmaceut. S 664. 3:30-5 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

SEMINAR IN BIOLOGY: *Myo-D & Myogenesis.* Harold Weintraub, Fred Hutchinson Cancer Res. Cntr., Seattle. HSW 300. 4 p.m.

MOUNT ZION VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF/Mount Zion Medical Cntr. Herbst Hall, MZ. 5-7:30 p.m. Call 885-7353.*

PATHOLOGY GRAND ROUNDS: Residents' Presentations. HSW 508. 5-6:30 p.m.

UROPATHOLOGY CONFERENCE: *Pathology of the Kidney.* Noel Weidner, Path. M 464. 5-6 p.m.

ATTENTION! *NEWSBREAK* ISSUE DATE CHANGES

The issue dates for the next two *Newsbreaks* have been changed. **Tuesday, October 26, 1993,** is the deadline for items to be listed in the next calendar, which covers **Nov. 6-26, 1993** (three weeks, rather than two as previously published). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to Suite 103, UCSF/Laurel Heights, 3333 California St.

28 Thursday

MILLBERRY CLASSES HALF-PRICE

All exercise classes are pro-rated to half-price as of today. Millberry Fitness Desk. Call 476-1115.*

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *In Search of . . . Advances in the Management of Cardiac Arrest.* Michael L. Callaham, Clin. Med. & Emer. Med. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Children with Chronic Joint Disease: Diagnosis, Physical Examination & New Approaches to Reganilitation.* Helen Emery, Clin. Ped. S 664. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Headache Therapy: New Twists & Flashes.* Neil Raskin, Neuro. Preceded by case presentations: *Uveitis.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE PRIMARY CARE LECTURE SERIES: *Back Pain & Joint Exam/Physical Therapy Issues.* Nancy Byl, Curr. in PT & FCM. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

WITTER LECTURE

Migraine Headache: New Knowledge, New Treatments. Michael A. Moskowitz, Neuro. & Stroke Res. Lab. of Neuro. Serv., Mass. Gen. Hosp. & Harvard. Ninth Annual William M. Witter Memorial Lecture on Pain sponsored by Neuro. Surg. & Neuro. Toland Hall. 4 p.m. Followed by reception. (Also see Fri., Oct. 29.)

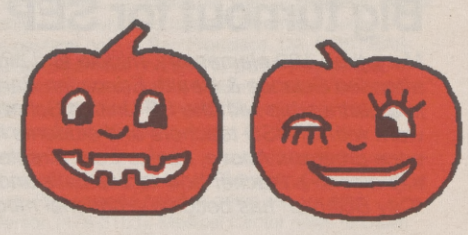
RADIOLOGY GRAND ROUNDS: *CT/GI Interesting Case Conference.* Ruedi F.-L. Thoeni, Rad. & CT/GI. HSW 303. 5:15-6:15 p.m.

GET INVOLVED AT SCHOOL

Working the School System: A Workshop for Parent Involvement. Rebecca Rosen Lum, Parents for Immersion Educ., explains what you can do to become more involved in obtaining a quality education for children grades K-12. Sponsored by Women's Resource Cntr. & Child & Elder Care Referral Serv. Toland Hall. 7-9 p.m. Call 476-5222.*

HALLOWEEN FOOD, FASHION & FUN

Dress up, cut up and eat well at the EMPACT! Halloween celebrations. And show up early for the costume contests — the winners at the satellite locations will be picked up and taken to Parnassus to compete for the grand prize of two tickets anywhere in the continental US donated by American Express Travel Services & Continental Airlines. Call 476-2675 right away to be part of the contests.*



- Thurs., Oct. 28: Laurel Heights Halloween Party. Pumpkin carving & costume contests & potluck lunch. Laurel Heights Cafeteria. 11 a.m.-2 p.m. Call Clarence Robinson at 476-3129.

  Executive Park Halloween Party. Pumpkin-carving & costume contests & ice cream social. Suite 2000. 3-5 p.m. Call Doug Choy at 476-4547.

- Fri., Oct. 29: 8th Annual Halloween Carnival. Pumpkin-carving, pumpkin pie-eating & costume contests, children's magic show, fortune tellers, food, prizes & music by *Rhythm & Steel.* Millberry Gym. 11:30 a.m.-1 p.m. Call 476-2675 for contest entry forms.

  Oyster Point Halloween Party. Costume & pie-eating contests & potluck lunch. 11:30 a.m.-1 p.m. Call Laurie Peck at 502-3036 for location.

  Mission Center's Monster Bash. Live entertainment, pumpkin-carving & costume contests. MCB courtyard. Noon-1 p.m. Call Katy Irwin at 476-0390.

  SFGH Halloween Carnival. Pumpkin-carving & costume contests & refreshments. Call Letecia Hutchinson at 206-6052 for details.

  Mount Zion Halloween Carnival. Pumpkin-carving contest & refreshments. Nosherie. Noon-1 p.m. Call Victoria Narkewicz at 855-7292.

Oct. 23-Nov. 5, 1993

29 Friday

ORTHOPAEDIC PEDIATRIC CONFERENCE. U 471. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *X-Ray Structures of Enzymes of Medical Interest: Adenosine Deaminase & Aldose Reductase.* Florante A. Quiocho, Biochem. & HHMI, Baylor Coll. Med., Houston. S 1364. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *The Physical Body: Friend or Foe?* Margaret Child, Hellerwork practitioner, helps you establish a better relationship with your body. N 721. Noon-1 p.m. Call 584-4416.*

NEUROLOGY/NEUROSURGERY RESEARCH LECTURE: *Receptor-Targeted Strategies for Drug Development in Migraine.* Michael A. Moskowitz, Neuro. & Stroke Res. Lab. of Neuro. Serv., Mass. Gen. Hosp. & Harvard & the Ninth Annual William M. Witter Memorial Lecturer on Pain (see Thurs., Oct. 28). S 758. Noon.

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Recent Insights Into Regulation of Intracellular Metabolic & Biosynthetic Pathways in vivo by Using Mass Isotopomer Distribution Analysis (MIDA).* Marc K. Hellerstein, Med., SFGH & Nutr. Sci., UCB. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

30 Saturday

COFFEE & CONVERSATION

For Catholics with questions about apathy, divorce, birth control, guilt, gay & lesbian concerns. Open conversation is encouraged. Co-sponsored by the Landberg Cntr. for Health & Ministry. Old St. Mary's, 614 Grant Ave. at California. 10 a.m.-noon. Followed by another meeting on Thurs., Nov. 4, 7-9 p.m. Call 986-4388.*

1 Monday

OTOLARYNGOLOGY GRAND ROUNDS: *Surgery for Sleep Apnea.* Daniel Hartman, Oto. *The Evaluation of Sleep Apnea.* Bruce Adornato, Cal.-Pac. Med. Cntr. Sleep Cntr. S 214. 8-10 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 455. 12:15-1 p.m. Call 476-9987.*

2 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Davies Med. Cntr. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

COMBINED ORAL & MAXILLOFACIAL/ORTHODONTIC/ORTHOGNATHIC SURGERY CONFERENCE: *Enlargement of the Tonsil & Adenoids: Mouth Breathing & the Effect on Dentofacial Deformity.* Kelvin Lee, Oto. & ENT. C 701. 8 a.m.

OB/GYN GRAND ROUNDS: *How to Manage Your Risk in Today's Health Care Environment.* Sue E. Parks, HELP Mngt. Group/TOKOS Med. Corp., Phoenix. S 1364. 9-10 a.m.

SFGH MEDICINE GRAND ROUNDS: Carr Aud., SFGH. 11:30 a.m.

RATE IT X

Tamera White, Rape Prev. Educ. Prog., leads a discussion following the documentary *Rate It X,* which provides an unflinching look at sexism in America. Sponsored by Rape Prevention Educ. Prog. Toland Hall. Noon-1:30 p.m. Call 476-5222.*

LIFE SPAN & AGING ISSUES IN CLINICAL PRACTICE SERIES: *Chronicity in Acute Care Settings.* Panel discussion. S 664. 12:10-1 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

*Open to the public.

NEUROLOGY GRAND ROUNDS. S 664. 5-6 p.m.

TOXIC SUBSTANCES SEMINAR SERIES: *Applications of Chromosome Painting to Biological Monitoring of Human Populations.* Joe Lucas, Lawrence Livermore Natl. Lab. 22 Warren Hall, UCB. 5-7 p.m.

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

3 Wednesday

SPINE CONFERENCE ROUNDS. C 417. 7-8 a.m.

SURGERY GRAND ROUNDS. Toland Hall. 7-8 p.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY FELLOWS SUMMER COURSE: *Peptic Ulcer Disease.* Kenneth R. McQuaid, Endoscopy, VAMC. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Detection & Treatment of Non-Traditional Risk Factors for Coronary Artery Disease.* Peter O. Kwiterovich, Jr., Lipids & Atherosclerosis & Ped., Johns Hopkins. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *GI Motility.* Robert F. Willenbucher, Prog. in Inflammatory Bowel Disease, MZ. S 214. 9-10 a.m.

ANATOMY/DEVELOPMENTAL BIOLOGY PROGRAM SEMINAR: *Mox Genes in Vertebrate Development.* Albert Candia, Vanderbilt. HSE 1309. Noon.

BROWN BAG LECTURE SERIES: *Aging & Its Modifiers.* Meg Wallhagen, Physio. Nurs., discusses what we can do to slow down the aging process. HSW 300. Noon. Call 476-4394.*

MEDICAL STUDENT RESEARCH POSTER SESSION. Millberry Conf. Cntr. 12:30-2:30 p.m.

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *In vitro Methods for Studying Skin Irritation.* Nancy Mize, Alza Corp. U 70. 1-2 p.m.

PSYCHIATRY GRAND ROUNDS: *Treatment Strategies in Schizophrenia: The Results of an Eight-Year Multi-Center Collaborative Study.* William Hargreaves, Med. Psych.; Marc Jacobs, Clin. Psychr. & Residency Training. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

PROGRAM IN CONSCIOUS & UNCONSCIOUS MENTAL PROCESSES CLINICAL RESEARCH SEMINAR: *Action & State Orientation.* Hanjoerg Znoj, U Bern, Switzerland. LPPI Aud. 2-3 p.m.

FACULTY DEVELOPMENT

The Office of Academic Affairs offers this program with several speakers to acquaint new & junior faculty with the campus, the responsibilities of the Academic Senate, the availability of research funds and the faculty review process. Fac. Alum. House. 3-5 p.m. Call 476-1882 for reservations. (See story on page 6.)

MEDICAL ANTHROPOLOGY SEMINAR: *The Heart Is Unknown Country: Women, Passion & Romance in Northeast Brazil.* Linda-Anne Rebhun, UCB. Rm. 218, Laguna Honda Schl. 3:30-5 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Transfusion Reactions: Diagnosis & Management.* Andrew Leavitt, Lab. Med. & Blood Bank, MZ. L 535. 4-5 p.m.

PARNASSUS PLAYERS MEETING: For those interested in getting involved with the campus' theater group. MU 244 East. 5:30 p.m. Call 476-6761.*

WILDERART IV

The Vacation. Join poets, dancers, musicians & other artists expressing their vision of nature & the wilderness. $3 donation. Sponsored by Outdoors Unlimited. Millberry Conf. Cntr. 6-9:30 p.m. Call 457-0447 or 566-5001 to be included in the program. Call 476-2078 for information.*

4 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Sex Hormones & Coronary Vascular Reactivity.* Peter Collins, Natl. Heart & Lung Inst. & Card., Royal Brompton Hosp., London. Toland Hall. 8-9 a.m.

ONGOING SUPPORT GROUPS

MONDAY

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. B, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

LUPUS SUPPORT GROUP: Second Tues. of the month. C 127, MZ. 7-9 p.m. Call 773-9356.*

WEDNESDAY

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 517. Noon-1 p.m.*

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. B, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: 6-8 p.m. Call 775-2854 to preregister & for meeting location.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treaments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. L 535. Most Fridays. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

VARIABLE

JEWISH WOMEN'S DIALOGUE GROUPS: Call 546-6988 for meeting dates & locations.*

NUCLEAR MEDICINE GRAND ROUNDS: *Role of Bisphosphate in the Management of Urinary Stone Disease.* Marshall L. Stoller, Uro. & Urinary Stone Cntr. LPPI Aud. 8:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Itchy/Burnies: What's New in Eyelid Infection/Irritation?* Ronald Smith, Oph., USC. Preceded by case presentations: *External Diseases.* S 214. 8:30-10 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Case Management & Cost Containment in Workers Compensation.* Gideon Letz, State Compensation Insurance Fund. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE PRIMARY CARE LECTURE SERIES: *Ambulatory Assessment & Management of Hypertension.* Dorothee Perloff, Med., EKG & Hyperten. Clin.; R. Ron Finley, Clin. Pharm. & Pharm. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

NEUROSCIENCE SEMINAR: *High-Resolution Measurements of Kinesin-Driven Microtubule Motility.* Fady Malik, Neurosci. HSW 300. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *TB — New Approaches to an Old Disease.* Eliseo Perez-Stable, Med. A 455. 4:30 p.m.

RADIOLOGY GRAND ROUNDS: *Glenohumeral Instability.* Philip Tirman, Rad. HSW 301. 5:15-6:15 p.m.

5 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

DNA TECHNOLOGY & DENTISTRY

Exploring the Double Helix: Dentistry's New Frontier in DNA Technology. Numerous presentations focusing on the impact DNA technology is already having on dentistry and what it holds for the future. Moscone Center. 9 a.m.-4:30 p.m. Call 476-1101 to register.*

TOUR THE ACADEMY OF SCIENCES

UCSF staff & students are invited to a free behind-the-scenes tour of the Academy of Sciences' Ornithology & Mammalogy Departments & much more. Golden Gate Park. 10-11:30 a.m. Call 476-2675 right away for reservations. Tour is limited to 15 people.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Combinatorial Synthesis & Screening of Therapeutically Important Classes of Organic Compounds.* John Ellman, Chem., UCB. S 1364. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Healing the Soul.* Marilyn Gordon, hypnotherapist, discusses transforming difficulties into wholeness & healing. N 721. Noon-1 p.m. Call 584-4416.*

PLAZA PULSE

Noontime concert featuring cabaret combo "Frenchy" is sponsored by Arts & Performances. Plaza Grill. Noon. Call 476-2542.*

WOMEN'S RESOURCE CENTER PRESENTATION: *So This Is Retirement?* Consultant Barbara Steinmetz, discusses the changes encountered after retirement & how to plan financially. $6. Toland Hall. Noon-1 p.m. Call 550-6111 to preregister.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

WINE & UNWIND

A benefit wine-tasting and silent auction for Family House. $30. American Carousel Museum, 633 Beach St. 6:30-9:30 p.m. Call 476-8321 or 707-462-4649. (See story on page 7).

DEVELOPMENT & TRAINING

For further information call 476-4032.

Supervising in the Workplace: Managing Employees with Chemical Dependencies, AIDS & Disabilities. Thurs., Nov. 4. 12:30-4:30 p.m. $40.

Productive Communication for Managers and Supervisors. Wed., Nov. 17. 9 a.m.-2 p.m. $70.

Coping with Difficult People. Fri., Nov. 19. 8:30 a.m.-4:30 p.m. $75.

Business Writing Basics: Part A. Tues., Thurs., Fri., Nov. 9, 11, 12. 9 a.m.-noon. $75.

Contracts & Grants Workshop. Tues., Dec. 7. 1-4 p.m. $40.

Processing Independent Consultant Agreements (CAs). Tues., Dec. 7. 12:30-4 p.m. $40.

Payroll Workshop. Wed., Dec. 8. 12:30-4:30 p.m. $40.

Call for nominations: MLK Awards

The nominations are open for the 1994 Dr. Martin Luther King, Jr. Awards for extraordinary leadership and inspiration in furthering the goal of achieving ethnic diversity at UCSF.

The awards, which will be presented during the campus Martin Luther King, Jr. celebration in January, will recognize three individuals, representing staff, students and faculty/academic, respectively.

The deadline for nominations is Wednesday, November 10. A detailed description of the criteria and a nomination form, including return information, should be available in your department. If not, additional forms are available in the Chancellor's Office in S 126, the Moffitt lobby information desk or the Affirmative Action/Equal Opportunity office at 145 Irving Street, Rm. 102.

"Tayo ang pag-asa" conference

The third annual Conference of Pilipino-American Health Professional Students of California will be held on Saturday, October 23, beginning at 9 a.m. in HSW 302.

Under the theme "Tayo ang pag-asa" ("We are the Hope"), this statewide conference for Pilipino-American undergraduates, graduate students and health professionals throughout California will address the underrepresentation of Pilipinos in the health professions as well as the present and future health care needs of the Pilipino community. It is sponsored by HEMP — Health Education & Mobilization for Pilipinos — which is made up of UCSF Pilipino medical, dental, nursing, pharmacy and graduate students.

"Although Pilipinos now are the largest Asian-American group in California, the number of Pilipino-American students in the health professions and graduate schools remains disproportionately low," says third-year medical student Brett Sevilla of HEMP, who is helping to organize the conference. "If we intend to meet the health care needs of our community, we must unite our efforts now and work towards greater community involvement and representation."

The conference, which will feature speakers from several community organizations, will give undergraduates the opportunity to meet others in the health professions who can assist them with entrance exams and the entire pre-health profession process.

Admission is free. A free lunch will be provided to all those who RSVP. For further information call Brett at 753-2401.

First meeting of Chancellor's Council

The first meeting of the new Chancellor's Council, made up of about 40 members representing staff, students and faculty, is scheduled for Wednesday, November 3. According to Susan Montrose of the Chancellor's Office, Martin sees this new group as an opportunity to meet with a cross section of the campus community and gain feedback on a variety of issues of concern. The meetings, which will be held quarterly, will include briefings and discussion on issues such as campus planning, space, diversity, staff development, upward mobility and special issues as they arise.

$250 for volunteers

Cardiologist Philip Frost reports that subjects are being sought for a six-week study to examine the effect of dietary fat and cholesterol on blood cholesterol levels. This is an outpatient study; participants will eat two prepared meals a day at UCSF and a third packed to take out. Blood will be drawn at two-week intervals. Eligible participants are healthy non-smokers between the ages of 50 and 70 (men and women) and men between 25 and 35. Participants will be paid $250. Call 476-7931.

UCSF managers, empower yourselves

ABOG is offering a workshop that will teach managers how to use empowerment to get more done with fewer resources, improve staff morale and make real changes in the organization. The one and one-half day workshop, to be held Wednesday and Thursday, November 17 and 18, will feature speaker Jeremy Warren, an expert with 17 years of experience in change management, work restructuring and managing diversity. Call Robert Tanner, 476-2496, to register.

Grant deadline

The UC Systemwide Biotechnology Research & Education Program is offering course development grants, calling for proposals for undergraduate and graduate courses linking biotechnology and society. Also, seed funding for biotechnology research related to social science, humanities, law and public policy research. Letters of intent due by Monday, November 1. For further information, call (310) 206-6814.

MCB Personnel Office: New Hours

Bob Rojas from the Satellite Personnel Office at MCB 120 sends word that the new office hours, effective immediately, are 8 a.m to 1 p.m. and 2 to 5 p.m. Monday through Friday. If you have questions, call Rojas at 476-5357.

Management Skills Assessment Program

Application forms will be available Monday, October 25, for the spring session of the Management Skills Assessment Program. This four-day, university-wide program is designed to improve job performance, assess management potential and identify activities for future development of management skills.

The criteria include that applicants must be career employees at the AAIII level or equivalent (or above) and nominated by their supervisors.

The spring session is scheduled for Tuesday through Friday, March 7 through 11. The fee is $575 payable by the department or the individual. A limited number of partial scholarships may be available upon request for minorities, disabled persons or female employees.

The application deadline is Tuesday, January 4. See your supervisor for an application form or call Development & Training, 476-4278.

Police no longer on door-locking duty

A memo from police chief Ron Nelson notes that the UCSF Police, because of limited resources, no longer will perform non-basic police functions, including the routine locking and unlocking of main doors of the following buildings: Clinical Sciences, Health Sciences East and West, Medical Sciences, Nursing, and UC Hospital. Any questions should be directed to Nelson, 476-5455.

Osteoporosis study

Healthy women between the ages of 45 and 75 who are not taking estrogen and are at least five years postmenopausal are invited to join a two-year osteoporosis study. Call 476-3498.

For minority students interested in a biochemistry career

First-year minority medical or graduate students are eligible to apply for the National Institute of Allergy and Infectious Diseases' Introduction to Biomedical Research Program, which "acquaints academically talented students with career opportunities in biomedical research." The all-expenses-paid four-day program in Bethesda, Maryland, includes a series of lectures by NIH scientists, tours and discussions, plus the opportunity to apply for summer positions in the NIAID Division of Intramural Research. For more information, call (301) 496-4846. Applications due by Friday, December 3.

Fun Zone

Put on your Halloween face, then go to the Halloween Hoe-Down

The Beartique Gift Shop in the Moffitt lobby is making Halloween simple this year: They're offering make-up jobs by "Madame Julie" on Friday, October 29, from 9 a.m. to 4 p.m. She'll "make you up for your favorite Halloween fantasy," says the Gift Shop, for an average cost of only $2.50 to $3.50. You can just stop by, or, to be safe, make an appointment, 476-1845. Madame Julie says she'll do it earlier in the week as well, but you must call for an appointment.

Okay, now that you have your make-up done, you're ready for the party — the eighth annual Halloween Carnival sponsored by EMPACT! and Millberry Programs & Services on Friday, October 29, from 11:30 a.m. to 1:30 p.m. in the Millberry Gym. There will be music and dancing and three contests: a pumpkin pie eating contest, a costume contest and a pumpkin carving contest. See flyers posted around campus for prize information, and call EMPACT!, 476-2675, for entry information.

(See page 4 for what EMPACT! has planned for all the satellite locations, and see page 8 for the "Guess the Weight of the Great Pumpkin" contest sponsored by the Moffitt Cafe.)

Coming up:

- **Midpoint registration at Millberry.** As of Thursday, October 28, all exercise classes are half price. Register at the Millberry Fitness Desk. For information, call 476-1115.
- **Leather sale.** Monday through Wednesday, November 1-3. Beartique Gift Shop in Moffitt lobby, 8 a.m. to 5 p.m. Purses, wallets, jackets, accessories. Charge cards accepted.
- **Hot combo *Frenchy.*** Friday, November 5. Featuring Nursing's Carla Lease, at the Plaza Grill, noon. Sponsored by Arts & Performances, 476-6761.
- **UCSF Orchestra.** Sunday, November 7. Sibelius' Violin Concerto featuring guest soloist, violinist Zena Schill. Millberry Gym, 4 p.m. $4/6/8. Tickets at the door. Sponsored by Arts & Performances, 476-6761.
- **Pt. Reyes day hike.** Sunday, November 7. Start at the Palomarin Trailhead, walk along Coast Trail, stop at Alamere Falls, pause at Bass Lake and end with a snack or meal in Bolinas. Call Outdoors Unlimited, 476-2078.
- **Introduction to sea kayaking.** Class: Thursday, November 4, 7 to 10 p.m.; skills clinic weekend of November 13 and 14. Suitable for first-time paddlers. Cost $120/135/140, including equipment and camping fees. Call Outdooors Unlimited, 476-2078.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of September 30, 1993). The new annualized yield reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Values	Annual Rate	Annualized Yield
Savings	.0056	6.83%	6.94%
Money Mkt	.0026	3.21%	3.21%
ICCF	.0065	7.91%	8.09%
	Unit Value	1-Month Change	12-Month Change
Bond	$65.75	21.5%	19.6%
Equity	$97.00	13.3%	17.7%
Multi-Asset	$14.41	11.7%	13.1%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

Faculty Development Program

The Office of Academic Affairs has planned a program on Wednesday, November 3, to acquaint new and junior faculty with the campus, the responsibilities and activities of the Academic Senate, the availability of research funds and the faculty review process. Advanced graduate students and other interested academic appointees also are invited to attend.

The event, which will be moderated by faculty relations director Keith Wilson, will take place at the Faculty/Alumni House from 3 to 5 p.m.

Speakers will include Chancellor Martin, Academic Senate vice-chair Sandra Weiss, Committee on Research vice-chair Bradford Gibson, and Vice Chancellor David Ramsay.

Please make reservations no later than Friday, October 22, by calling 476-1882.

Sullivan *(from page 8)*

But while some people may charge that managed care means withholding care, "I don't believe we ever did that," she says.

She observes that UCSF, although in its infancy with respect to large-scale managed care operation, is particularly well-positioned to organize and negotiate because of the established relationship between the hospital and the doctors. "You go in with two players," she says. "In a lot of community hospitals, you have the two separate factions talking to the HMO. They'd rather deal with one vehicle."

A few of the issues going on in the ACC right now include some active expansion outside the ACC building. A new Lakeshore Clinic at the Stonestown Shopping Center will be the largest satellite to date, with a practice that will include General Internal Medicine, Family & Community Medicine, Pediatrics and Dermatology.

Other major items on the agenda include "revitalizing the management groups" within the clinics to sharpen the business focus. One plan in the works is to establish several "practice manager" positions that will oversee the business affairs of a group of clinics — similar to the position held by Cathy Garzio for the Medical Specialties clinics.

Open Enrollment *(from page 1)*

rium, SFGH

- Fri., Nov. 5, noon-1 p.m., Bldg. 100, Rm. 1A-122, VAMC
- Tues., Nov. 9, noon-1:30 p.m., Rm. 125, MCB
- Wed., Nov. 10, noon-1:30 p.m. Helman Conference Rm., Mount Zion
- Thurs., Nov. 11, noon-1:30 p.m., Toland Hall
- Tues., Nov. 16, 8-9 a.m., Executive Board Rm., Mount Zion

Carrier open houses

Representatives will be available to meet with you individually at the following carrier open houses:

- Wed., Nov. 17, 10 a.m.-3 p.m., Rm. 125, MCB
- Thurs., Nov. 18, 8:30 a.m. -3 p.m., Faculty/Alumni House

Medsounds Continued

The team (in software vendor T-shirts): Left to right, back row, HISD's Eunice Beasley, Maria Tomanpos, Lois Johnson and Diane Bittenbender; Budget & Reimbursement's Rob Washburn, Hospital Accounting's Steve Downs and HISD's Robert Klinger; front row, Hospital Accounting's Phil Lesko, Brian Murphy and Randy Soares. Not pictured: Marcellus Martin, Susan Lee and Mike Panion, all of Hospital Accounting.

The UCSF All-Star General Ledger Team

Many people are familiar with the newly installed computerized general ledger system that now brings the same format of reporting hospital revenue and expenses to departments at both Parnassus and Mount Zion.

It offers financial and workload data and a brief departmental analysis. It also makes it easier to track expenses, which, as one benefit, has resulted in fewer calls to the Hospital Accounting Department for assistance, according to Marcellus Martin, associate director of finance.

What many people may not realize is the amount of work that goes into bringing up a system such as this, a project that Martin calls his department's biggest since they converted to the bi-weekly payroll.

First there was the task of researching the available systems to find a model that met UCSF's needs, then the step-by-step, incredibly detailed process of designing the software, then working out the bugs, then training department managers and accounting office staff, then ongoing improvements. It required months of time and multiple personnel, many of whom, in this case, worked on this project in addition to their regular duties.

Thus, it is the wish of retiring finance director Jackie Kuhn that the project team be recognized. They are pictured here, with the exception of a couple of team members. Think of them next time you read your financial report.

Mount Zion staff:

Since *Pulseline* no longer exists, Mount Zion staff may have items they wish to have included in *Medsounds*. Contact Emily Pearce in the Mount Zion News Office at 885-7277, or call Dawn Finch in the *Medsounds* Office, 476-3256. Medical Center staff at all other locations, call the *Medsounds* office directly.

Okay, who's in on this chain mail stuff?

The word from Medical Center Administration is that chain mail is circulating in great numbers. Richard Godart, assistant manager of Mailing Services, says whether you're originating it or perpetuating it, you're violating campus policy. The campus mail is only for official campus business. Further, it upsets many people on the receiving end — he knows, because they call the Mailing Division to complain.

So what if you're superstitious and the chain letter says you must send it along to have good luck?

Godart says send it to him.

Also, if you're superstitious, you might consider that some people believe that doing the right thing brings good luck. Chain mail, on campus, is not the right thing.

Helpers needed for children's holiday party

The Mount Zion Auxiliary currently is recruiting helpers for its big holiday party for young clinic and rehab patients and their families on Sunday, December 5, from 2 to 4 p.m. at Laurel Heights.

"We're planning for a crowd of about 500," says Auxiliary president Jackie Lowenberg, "so we could use plenty of help serving, passing out gifts and so forth." Anyone willing to dress up as Santa, elves, etc., all the better. Give the Auxiliary a call at 885-7354.

"This is the first time we've done this," says Lowenberg, "and we're looking forward to a great event. We have enough donations so that every child present will receive a gift." The entertainment will include Louie the Bubblemaker and a musical show presented by the Children's Drama Service of the Council of Jewish Women.

Many of the children served by the clinics are from underprivileged homes, says Lowenberg. "They often arrive for appointments inadequately clothed, even underfed. Our hope is to treat them to a really fun time at this party." Auxiliary member Deborah Castelucci is chairing the event.

Cancer programs benefit:

"A Celebration of Angels"

You may have heard about the "Look Good, Feel Better" program at UCSF, which helps patients improve their appearance during or after chemotherapy. This and other programs for cancer patients are sponsored by the Donna Smith Fund, which was established by a local stockbroker, Jim Smith, in memory of his wife, a UCSF patient who died of breast cancer.

Smith, with the support of Lisa Considine from the Development Office, is organizing a holiday party on Tuesday, December 7, from 6 to 9 p.m. to benefit the Donna Smith Fund. Called "A Celebration of Angels," the party will be held at the Hamlin School, a local private school which Considine describes as being "decorated to the hilt" during the holidays.

"A Celebration of Angels" will include a light supper and cocktails, with the San Francisco Girls Chorus and pianist Randy Newman performing. Tickets are $75, with raffle tickets available at the event for a pair of United Airline tickets for any UA destination in the world. For reservations, call Considine, 476-1057.

The Donna Smith Fund also partially funds the Art for Recovery Program, as well as a new music therapy program for cancer patients. In addition, if enough money can be raised, it is the hope to hire an evening social worker to be available for families of patients, according to oncology clinical nurse specialist Carol Viele.

Other benefits on the agenda:

- **"Wine and Unwind,"** a wine tasting and silent auction to benefit Family House. Friday, November 5, 6:30 to 9:30 p.m. at the American Carousel Museum, 633 Beach Street in San Francisco. For ticket information, call 476-8321.
- **"Walk for the Cure,"** a 5K/10K walk in Golden Gate Park to benefit the Juvenile Diabetes Foundation. Sunday, November 7, beginning at Marx Meadow, 25th Avenue and Fulton, 9 a.m. (8 a.m. same-day registration) For more information or to join the UCSF team, call Linda Parks in the Diabetes Teaching Center, 665-1010, or go to the UCSF table on race morning, 8 a.m. Grand prize for top pledges: trip to Maui. Additional prizes for UCSF walkers.
- **"Night of Hope,"** a dinner dance to benefit Road to Recovery, a program for juvenile cancer patients and their families. Friday, November 12, 8 p.m. to 1 a.m., Green Room of the Veterans Building on Van Ness Avenue. Principal organizers include pediatric nurses Leanne Parsons and Gary Pelzner and clinical nurse specialist Robin Kramer. Tickets $55 in advance, $60 at the door. Purchase tickets from the aforementioned, or call 775-3865.

"Meet the Doctors of Mount Zion": Plastic surgery, breast surgery, menopause

The Mount Zion Auxiliary is presenting its popular "Meet the Doctors of Mount Zion" program again this year, with the focus this time being on women's health issues.

Three doctors will be featured on Wednesday, October 27, in Herbst Hall beginning at 9:45 a.m.(for coffee), with the program running from 10 to 11:30 a.m.:

- **"Facial Aesthetics — State of the Art"** presented by Issa Eshima, director of Plastic and Reconstructive Surgery.
- **"From Bench to Bedside to Policy"** presented by Laura Esserman, breast surgeon.
- **"Issues of Menopause"** presented by Marilyn Milkman, senior gynecologist in the BaySprings Medical Group.

The program is open to all, but reservations are requested. Call 885-7354.

Here's a good topic: Peace-time uses for atoms

It's Nuclear Medicine Awareness Month, and your average person or even hospital worker probably isn't all that aware of what goes on in this department. It has to do with using radioactive material as a medium for tracing disease, or, in some cases, for treating disease.

Some people may be more interested in what happens to the radioactive by-product from this treatment, or in the general handling of the radioactive material within the department.

You can find out as much as you care to know by calling 476-1521, and announcing that in the interest of Nuclear Medicine Awareness Month you would like to get in on one of the tours and/or audio-visual presentations being offered.

Class of 1993

The department also is proud to announce the recent graduation of the 1993 class from its Nuclear Medicine Technology Training Program. This is the third graduating class since the program was reinstated as many years ago, and some interesting things have happened since then, according to Duffy Price, technical director.

The program was reinstated because of a severe shortage of technologists, and the first graduating class was snapped up immediately. Even the second class quickly found jobs. This year, however, the tables have turned somewhat, and jobs were not so readily available.

What happened?

According to Price, the current health care environment, in which hospitals are consolidating and cutting back, is probably the major factor. However, currently there are no plans to eliminate the program.

"There are only two training programs in Northern California," she says, "and we don't want to get caught in the same position we were in before." For the time being, the plan is to cut back on students.

From the class of eight that just graduated, there are a couple of honorable mentions.

Claudia Fuller, Student of the Year

Claudia Fuller was named Student of the Year, and Alexander Teplitsky, a Russian emigre, won "Best Project" for his "Quantitative Comparison of left Ventricular Cavity Size in TL-201 and Tc-99cm SestaMIBI Imaging of the Heart."

Fuller's story is noteworthy. An English major who already was working in the department as an administrative assistant, she went back to school and took science courses in order to qualify for the technology training program. Currently she is working elsewhere on campus as a technologist, awaiting an opening in the Nuclear Medicine Department.

Price to retire

In other departmental news, Duffy Price has announced that she is taking the VERIP offer. "After 40 years in the field, including 20 at UCSF, I think it's time," she says. Her retirement date is November 1.

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UCSF

Medsounds

Page 1 ... Martin to be inaugurated November 19

Page 1 ... Paychecks will be slightly larger

Page 1... Important health plan changes during Open Enrollment

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center and Laurel Heights.

MZ, Parnassus food services will consolidate Oct. 30

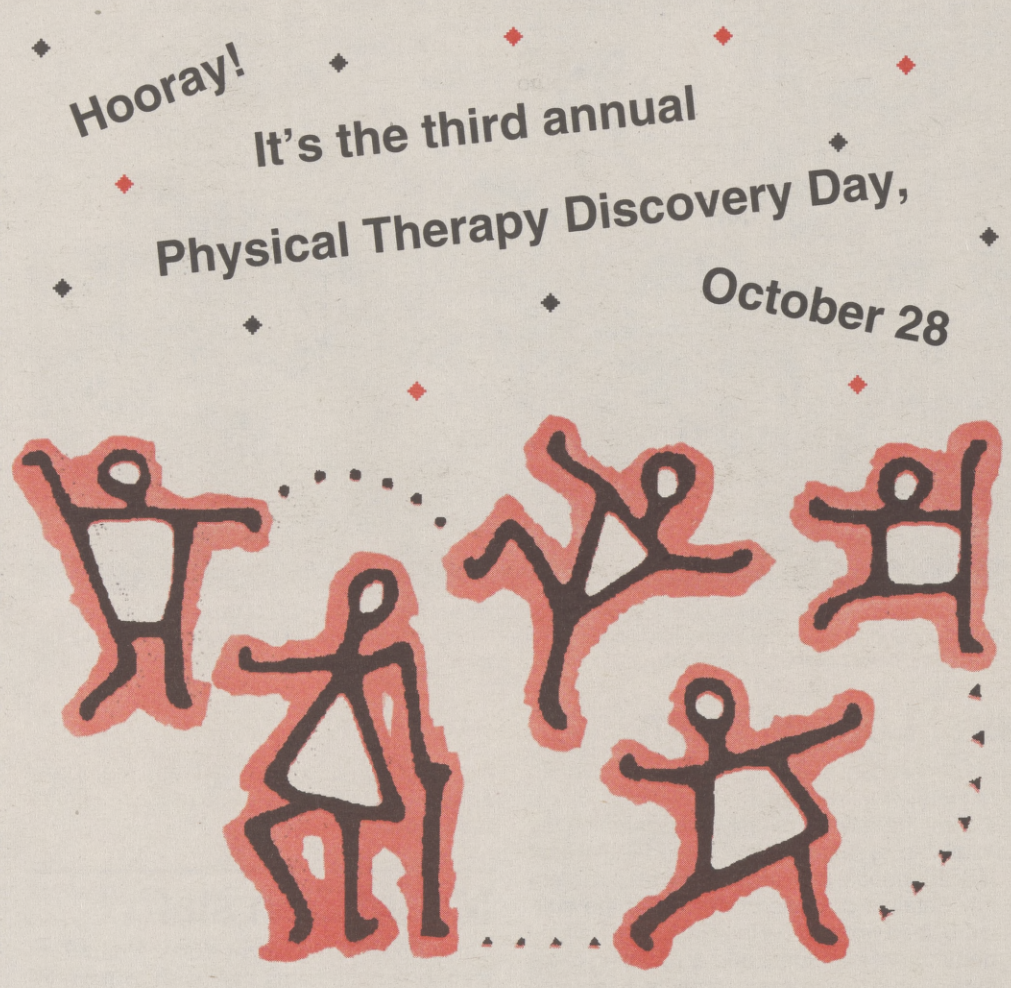
The announcement was made earlier this month that the Departments of Nutrition & Dietetics at Mount Zion and Parnassus will be consolidated under the leadership of Leon King, current director of the Parnassus site, as of October 30.

Emma Gordon, who heads the clinical nutrition services for ARA Management Services, the company that has operated the Mount Zion food services for the past eight and one-half years, will serve as sight manager at Mount Zion, overseeing both the cafeteria and nutrition services for patients. The latter responsibility will be in collaboration with Carol Porter, current chief of clinical nutrition services at Parnassus, who will assume the same post for the consolidated department.

All but four members of the food services team at Mount Zion are hospital employees, whose positions will be carried over in the transition. Of the four ARA employees, Gordon is staying on and the others will be relocated elsewhere in the company. Mary Korn, operations manager from Parnassus, will assist in the transition while a clinical coordinator and operations manager are being recruited.

There won't be any immediate changes in the food services operation, says King, and it is not the intent to make Mount Zion a blueprint of Parnassus. "Mount Zion has its own personality, and we want it to stay that way." During the three months following the consolidation, there will be a series of focus groups, in which a cross section of employees will be invited to take part. The purpose will be to gather input from employees as new menus are developed and so forth.

The decision to consolidate was the consensus recommendation from a task force specifically appointed to analyze bid responses from contract management companies versus in-house management. The task force used the same process to look at all proposals, including site visits, food tastings, cost analysis versus quality and other measures. The group included physician Herb Goodman, nutritionist Jennifer Wills, Nursing's Meiline Wong, unit clerk Selena Smith, Environmental Services' Fran Cubillo, Purchasing's David Kolsom, all from Mount Zion; and Budget & Reimbursement's Charles Taylor.



This is the logo on the T-shirts and water bottles you can win.

This is a great event. Forgo your normal, everyday noontime pastime on Thursday, October 28, and show up between noon and 2 p.m. in the Physical Therapy Gym in L 124 instead.

First you try out any number of physical therapy activities, including the ever-popular wheelchair obstacle course (which will quickly put you into the shoes of patients.) Other enticements included on the invitation tempt visitors to "Perform a drunken sea urchin" or "Maintain your balance against a sport cord."

For each activity completed you earn tickets, which can be traded for a buffet lunch at the event, as well as a chance at winning T-shirts and water bottles with the sprightly logo pictured above. This is the logo for National Physical Therapy Month, which the Physical Therapy Division of the Department of Rehabilitation Services is observing by hosting this event.

There also will be a number of prizes in the form of gift certificates from several local and campus merchants.

The idea of this event is to give visitors the opportunity to get acquainted with the members of the department and to get a feel for the field of physical therapy. Some activities will help you understand about patient treatments, while others will pay attention to your own body mechanics, such as how to lift properly. Other activities will test the strength and fitness of participants. A new feature this year will be an information booth.

There is no cost for the event, and everyone is invited. If you're worried the activities will be too strenuous, don't be. It's more fun than it is strenuous (even if it is educational fun.)

Call 476-1715 for more information.

Cancer Center plans proceed

The last issue of *Newsbreak/Medsounds* reported that the Superior Court declared the Subsequent Environmental Impact Report (SEIR) for the construction of an outpatient cancer center and a research building at Mount Zion to be valid, thereby rejecting a neighborhood group's challenge to the construction plan.

The neighborhood group, called the Western Addition Concerned Citizens, may file an appeal to that ruling, says campus counsel David Layne. Construction plans will proceed, however, because unless and until the court says otherwise, the recent ruling provides the go-ahead.

Nick Wong of the campus real estate office says the relocation of the tenants is nearly complete. His office has been assisting the approximately 70 tenants who had offices in the two buildings at 2340 Sutter and 2511 Bush that will be torn down to make way for the new buildings.

When the buildings are empty — November 1 is the move-out date — the asbestos removal will begin, scheduled for December 1. Demolition on both buildings is scheduled for February, 1994, with construction to begin in late 1994. Projected finish date is 1996.

The outpatient cancer center and research facility are components of the planned UCSF Comprehensive Cancer Center. UCSF hopes to receive a National Cancer Institute designation for the center by 1997.

Flu shot reminder

Employees with patient contact should plan to get a flu shot according to the following schedule:

Parnassus:
A 707
Every Wednesday and Thursday
October 27 through November 18
8 a.m. to noon and 1 to 4 p.m.
Call 476-1214 for more information.

Mount Zion:
(Shots also available to volunteers and housestaff at Mount Zion)
2400 Sutter Street, lower level
Monday through Friday
Beginning October 18 through November
8:30 to 11:30 a.m. and 1:30 to 4 p.m.
Call 885-7580 for more information.

Note: Those who are not in contact with patients, but are interested in getting a shot, see your private physician.

New ACC chief in her element

Suzanne Sullivan, who recently filled the lead administrative role in the Ambulatory Care Center, says someone was watching over her when she fell into the ambulatory care setting some 13 years ago.

She was always interested in human services. She originally got a master's degree in early childhood education and then headed the day care services at Michigan State University for seven years. She was interested in health care administration, however, and went back to school to get her MBA from Northwestern University.

Her subsequent job hunt resulted in her finding a position managing the ambulatory care services at Illinois Masonic Medical Center, a community teaching hospital on the north side of Chicago. She hit the right job the first time. She found the work to be nothing but dynamic, and the field to be absolutely taking off.

In her 13 years there prior to coming to UCSF, she saw the clinic caseload (there are about 25 clinics) grow from about 12,000 patient visits a year to about 300,000. (The ACC has about 303,000 a year at this time.) It is also interesting to note that at the time she left, about 60 to 70 per cent of the patient care was through managed care plans.

She says the move toward such a large number of managed care patients took a lot of working out. "You start discharge planning the second the patient enters the hospital."

(continued on page 6)

Suzanne Sullivan, Medical Center assistant director, Ambulatory Care Services

"Weekend of Caring"

Again this year, the Medical Center and campus are kicking off the United Way Campaign with a "Weekend of Caring." See page one for information on how you can participate as a volunteer at any one of a number of agencies supported by the United Way.

Stop the dust!

You may have seen the article in the previous issue of *Medsounds* about the serious hazard presented to patients by dust from construction projects. For those whose immune systems lack the usual defenses, inhaling the dust could cause a deadly fungal infection. The Medical Center has a strict program for dust management. However, since Medical Center and campus buildings are connected or in close proximity to one another, the dust management program may be affected by other construction taking place, such as the library release project.

Staff members can help through the following measures:

- Be alert to your surroundings, especially in patient care areas. If you sense dust, or experience any symptoms, call one of the numbers below.
- If you see signs posted stating that doors must be closed, pay attention.
- If you see a plastic or wooden construction barrier that is not truly closed or intact, call for assistance.

The following are key contacts for immediate action:

- Bob Andrews, Health Sciences Building superintendent, 476-6561
- Rob Purcell, project manager of the Library Release Project, 476-1012
- Dick Chan, Medical Center Building Management, 476-3862
- Facilities Management Service, 476-2021
- Infection Control unit, 476-5793.

Guess the weight of the Great Pumpkin and win a pie a month for a year. Pumpkin and entry forms in the Moffitt Cafe. Winner to be announced at noon on Friday, October 29. Enter by 10 a.m. that day.
WIN PIES